

TAKING KET & PAIN WHEN YOU PEE? IT'S OK TO ASK FOR HELP

For support contact Likewise Sheffield
(Over 18s)

0114 308 7000
likewiseshffield.org.uk

For the Corner (under 18s)

0114 2752051
[https://www.changegrowlive.org/
service/sheffield-the-corner/referrals](https://www.changegrowlive.org/service/sheffield-the-corner/referrals)



SCAN FOR HARM
REDUCTION GUIDE



**Like
wise**
Sheffield



1625
Outreach
Sheffield



The
Corner
Sheffield Young People's
Substance Misuse Service

